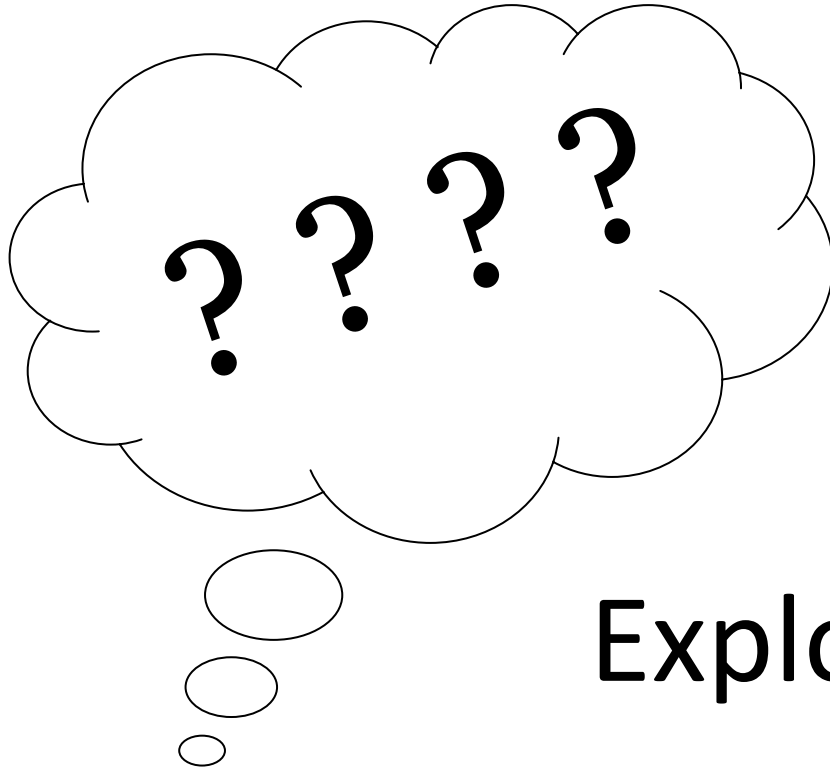




SPRING HILL
COLLEGE



The
Exploratory
Student
Activity
Book

What is affecting my decision making process?

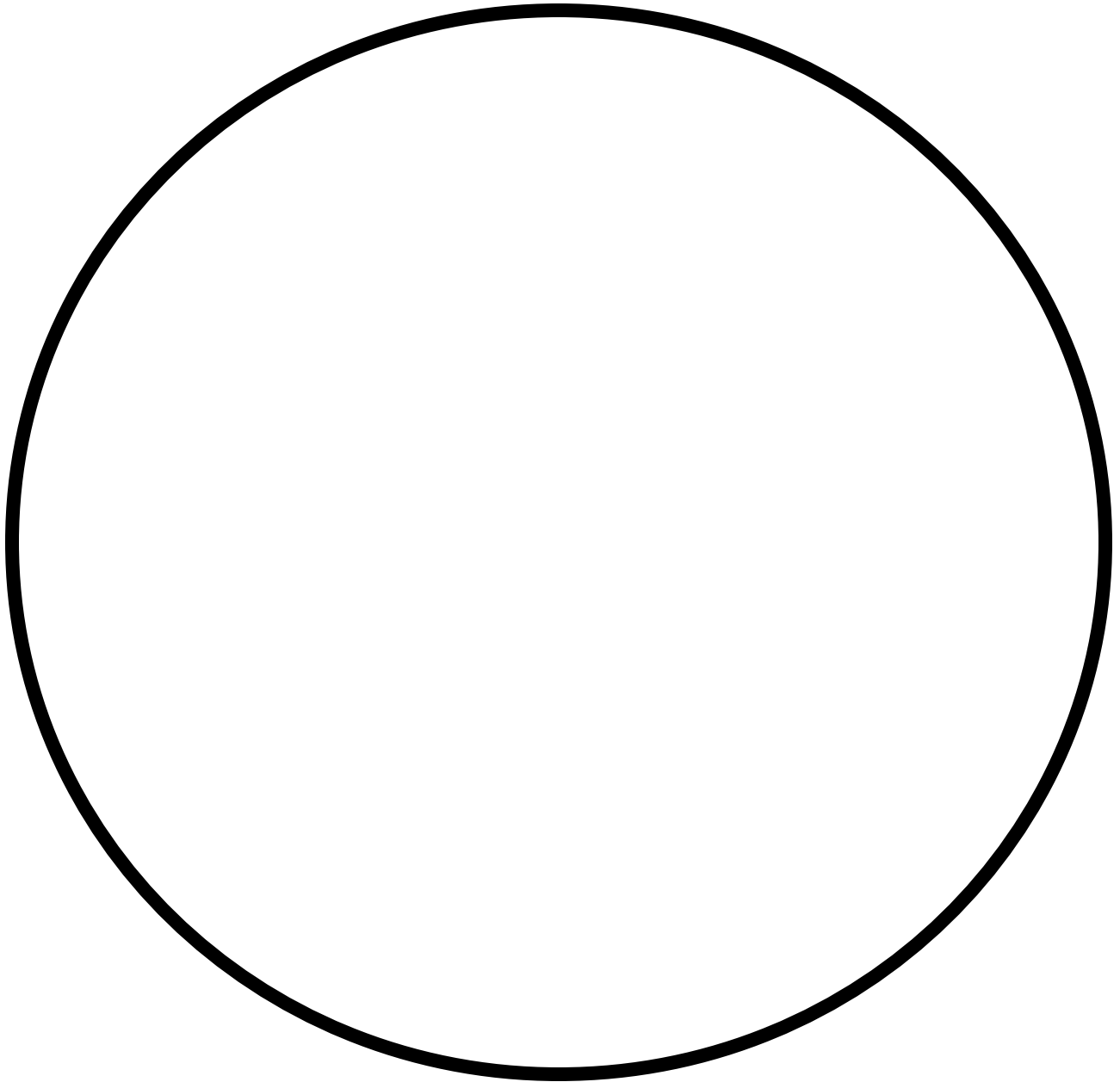
Take a moment to list all the thoughts, feelings, circumstances, people, and events that are affecting your decision. These may be as simple as “my mother”, to as complex as “the challenges of finding a job in a creative field during the recession.” List as few or as many as you’d like.

- -----
- -----
- -----
- -----
- -----
- -----
- -----
- -----
- -----
- -----
- -----
- -----

Rank this list. Consider what is going to have the most influence on your decision making as you think about your major or career.

How is it affecting my decision making process?

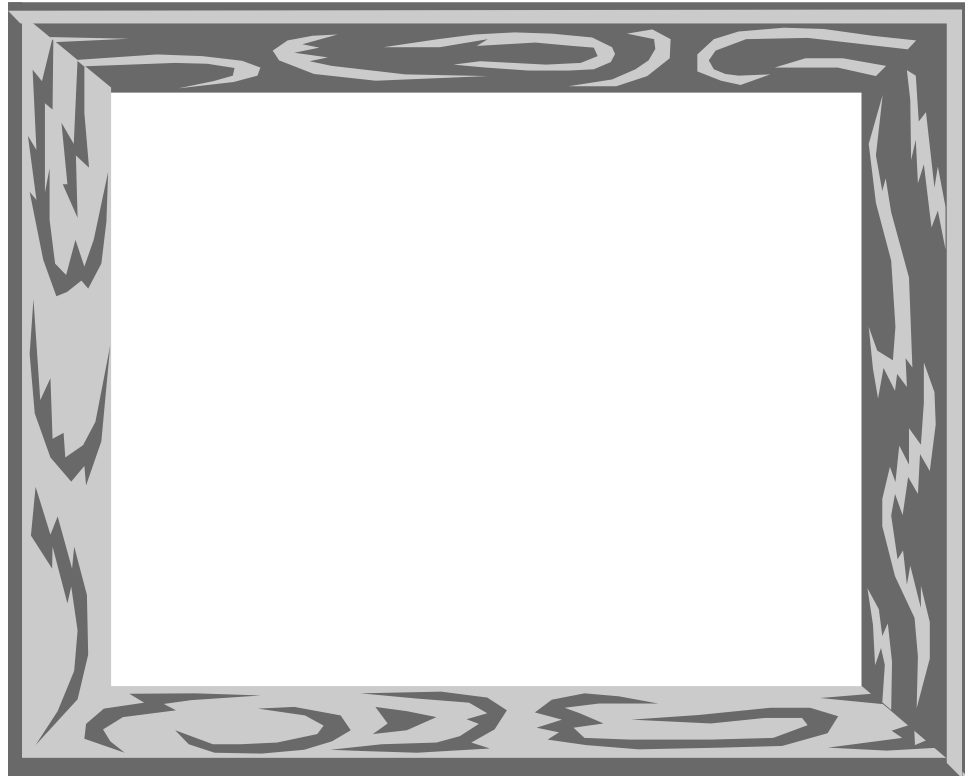
In the circle below, take the influences from your list and draw circles for each influence. The larger the circle, the bigger the influence of that person, event, or feeling.



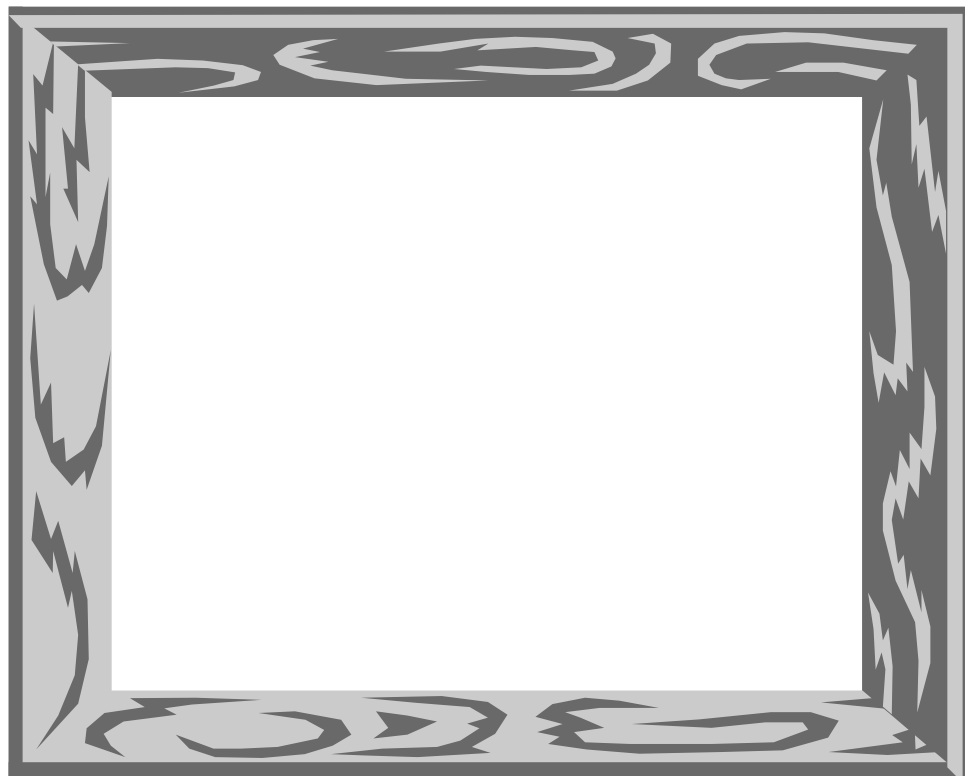
Imagining your future

Doodle or write your thoughts of how you imagined your future would be at different points in your life. Consider career path as well as personal life (such as family).

My future self as
imagined by 7-10
year old me:



My future self as
imagined by 18
year old me:



Understanding your values, interests, and skills

Rank each of the following columns from 1 to 16, 1 being the highest priority in your life and 16 being the lowest priority in your life. Use the "other" line if something important to you is missing. Try not to use each number more than once per column

Values	Interests	Skills
<input type="checkbox"/> Creativity	<input type="checkbox"/> Community Service	<input type="checkbox"/> Analytical/Problem-Solving
<input type="checkbox"/> Earning Potential	<input type="checkbox"/> Creative/Performing Arts	<input type="checkbox"/> Athletic
<input type="checkbox"/> Further Education	<input type="checkbox"/> Fashion	<input type="checkbox"/> Communication
<input type="checkbox"/> Independence	<input type="checkbox"/> Interpersonal Relationships	<input type="checkbox"/> Counseling
<input type="checkbox"/> Job Location	<input type="checkbox"/> Literature/Reading	<input type="checkbox"/> Creativity/Artistic
<input type="checkbox"/> Job Security	<input type="checkbox"/> Money/Investing/Finance	<input type="checkbox"/> Design
<input type="checkbox"/> Leadership	<input type="checkbox"/> Music	<input type="checkbox"/> Instructional/Mentoring
<input type="checkbox"/> Level of Prestige	<input type="checkbox"/> Nature/Environment	<input type="checkbox"/> Interpersonal
<input type="checkbox"/> Organizational Culture	<input type="checkbox"/> Organizing	<input type="checkbox"/> Leadership
<input type="checkbox"/> Personal/Professional Balance	<input type="checkbox"/> Planning	<input type="checkbox"/> Managerial
<input type="checkbox"/> Service to Others	<input type="checkbox"/> Politics	<input type="checkbox"/> Mechanical
<input type="checkbox"/> Travel Opportunities	<input type="checkbox"/> Salesmanship	<input type="checkbox"/> Organizational
<input type="checkbox"/> Vacation/Benefits	<input type="checkbox"/> Science	<input type="checkbox"/> Research
<input type="checkbox"/> Variety of Tasks	<input type="checkbox"/> Sports	<input type="checkbox"/> Scientific
<input type="checkbox"/> Work Environment	<input type="checkbox"/> Teaching	<input type="checkbox"/> Technology
<input type="checkbox"/> Work Schedule	<input type="checkbox"/> Technology	<input type="checkbox"/> Visionary
Other_____	Other_____	Other_____

Going to class

Look at the following course descriptions. Circle one or two classes that sound the most interesting to you. On the following page you will find categories which corresponds to each course.

Class A

An introduction to the role of business in society highlighting the importance of Ignatian business and leadership principles and global business citizenship. Students will also study the traditional business disciplines of accounting, finance, economics, information technology, marketing, management, and business ethics and strategy.

Class B

This course examines major theories of human communication pertaining to media messages, media production, and media consumption. Students use various conceptual frameworks to understand the communication process and engage in critical analysis of media applying the theories.

Class C

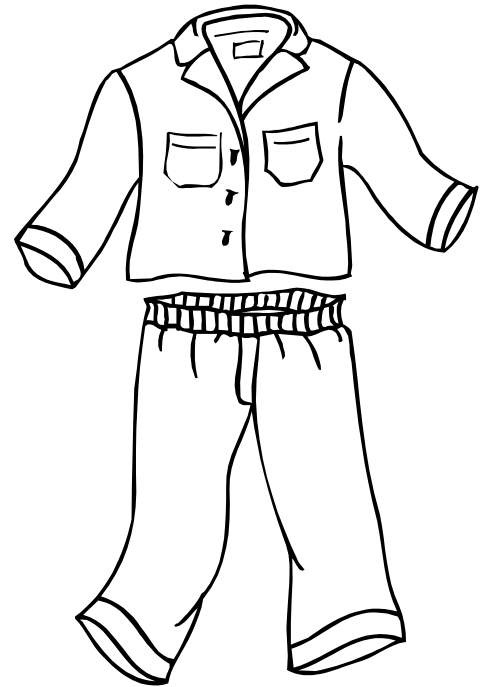
This course examines theories about what our sentences mean and how we should assess the truth of what we say, focusing on philosophy of language in the analytic tradition.

Class D

A study of the relationship between microbes and society. Emphasis on how microbes impact humans, the control of microbes, bioterrorism, food safety, and epidemics. Special laboratory exercises are included.

Class E

Study of algorithms for solving mathematical problems (such as roots of equations, differentiation, integration, initial and boundary value problems, solutions for systems of equations) by computation and error analysis of the computations.



Too lazy to get dressed for your 8:00am class? Color the pajamas you'll be wearing for the rest of the semester.

Class F

This course examines the roots, nature, and social construction of gender. It will focus on psychological issues related to the roles assumed by males and females in contemporary society.

Class G

An investigation of research related to instruction, management, learning, and discipline that provides pre-service teachers foundations upon which to develop strategies for effective classroom management.

Class H

Studio course in the nature and use of color. Students develop an understanding of color as a vital element in design, study and analysis of traditional and electronic sources

Narrowing down a major

Using the courses you selected on the previous page, find the corresponding track. Cross out any majors you know you aren't interested in within this track. Circle the majors you would consider within this track. Feel free to explore the tracks you did not initially choose.

Track A: Business
Accounting
Computer Information Services
Financial Economics
International Business
Management & Marketing

Track B: Communication Arts
Public Relations & Advertising
Digital Video Production
Journalism

Track C: Humanities
Philosophy
Theology
English
Professional Writing
History

Track D: Sciences/Pre-Health/Nursing
Biology
Biology/Pre-Health
Marine Biology
Biochemistry
Chemistry
Nursing

Track E: Math/Engineering
Actuarial Math
Applied Math
Computer Analysis Math
Pure Math
Pre-Engineering

Track F: Social Sciences
Political Science
Pre-Law
Psychology
Sociology
International Studies
Criminology
Hispanic Studies

Track G: Education
Early Childhood Education
Elementary Education
Secondary Education

Track H: Fine and Performing Arts
Art-Business
Graphic Design
Studio Art
Theater

Of all the majors you circled, narrow it down to no more than five majors:

- 1** _____
- 2** _____
- 3** _____
- 4** _____
- 5** _____

Connecting major to career

Using O*Net (onetonline.org), come up with several career options for each of the 5 majors.

1 _____

2 _____

3 _____

4 _____

5 _____

Circle any career occupations that come up in more than one major. Circle all others you're very interested in. Narrow the circled occupations down to five:

- 1** _____
- 2** _____
- 3** _____
- 4** _____
- 5** _____



You've chosen a career path that requires a suit. Color the suit grey. What color can the tie be while still maintaining "business professional"?

Aligning your values, interests, skills and major/occupation

Write down your top three values, interests, and skills on the left column. Write down your top five majors as well as the top five occupations you're considering from O*Net. Draw lines from the values, interests, and skills to each major or occupation they relate to. Are you noticing there are some majors or occupations that fulfill more of your values, interests, and skills than others?

Values

Interests

Skills

Majors/Occupations

Narrow down to your top 2 majors:

1 _____

2 _____

Pros and cons of your majors

Using the Bulletin of Information, take a look at the classes you will need to take for each of these majors. Create a pros and cons list for each major based on the courses required, the job prospects, and your own values, interests, and skills as they relate to the major.

1

PROS

CONS

2

PROS

CONS
