

IGNATIAN DIRECTED RETREATS

Ignatian retreats offer, "the opportunity to be refreshed with a renewed balance centered in God."

Summer Institute of Christian Spirituality
Spring Hill College
June 15-22, 2024



REST, REFRESH, RENEW...

The eight-day silent retreat begins with a short orientation. Shorter retreats may be taken for any three or five consecutive days during the same time period. Based on the spiritual Exercises of St. Ignatius retreatants meet individually with a director once a day, spending their time in personal prayer, reflection, scripture reading and journaling or walking the spacious and beautiful grounds of Spring Hill College.

FEES

8 Days - \$640

5 Days - \$400

3 Days - \$240

Includes lodging & meals



SPRING HILL
COLLEGE

For More Information Visit:

shc.edu/retreats | theology@shc.edu | (251) 380-4660

